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# REF BLAMED FOR LOSS

BOXING CANADA SOUNDS OFF ON CUSTIO CLAYTON'S LOSS, SAYS NORTH PRESTON FIGHTER WAS ROBBED OF MEDAL PAGE 3



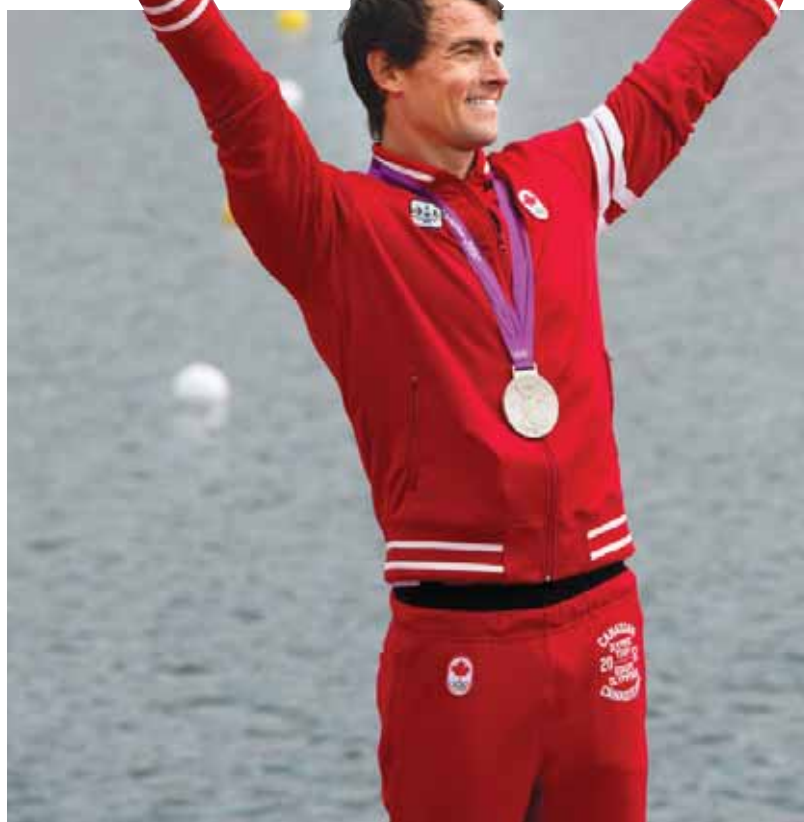
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Thursday, August 9, 2012

News worth sharing.



## SILVER STROKES

Canada's Adam van Koeverden celebrates his silver medal in the men's 1,000-metre kayak-single final at Eton Dorney during the 2012 Summer Olympics on Wednesday in London. The silver was one of three medals won by Canada on the day. For more, see Olympic coverage on pages 20-21. SEAN KILPATRICK/THE CANADIAN PRESS

# Bust a big 'blow' to trafficking in HRM: Police

**Drug trade.** Eleven arrests on Wednesday result of two-month undercover operation



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Two separate undercover operations targeted 17 alleged drug dealers in HRM.

The operations involved police posing as customers to bust alleged mid-level drug traffickers in East Dartmouth and street-level dealers in the Gottingen and Uniacke streets area of Halifax.

RCMP and Halifax Regional Police released details of the two operations, Igloo and Implant, during a press conference Wednesday.

Eleven people were arrested Wednesday morning as part of Operation Implant, focusing on street-level dealers in Halifax. Police also expect to charge another man who is

in jail on an unrelated matter.

In Operation Igloo, police trained their sights on mid-level drug dealers in the east end of Dartmouth. Four people were arrested last month and police recently arrested a fifth.

"As a result of these two operations, a total of 17 people — 15 men and two women ranging in age from 16 to 65 — will face charges of trafficking," said HRP Deputy Chief Bill Moore.

They were allegedly selling crack cocaine and hydromorphone, also known as Dilaudid.

"An individual who is addicted to these types of drugs will do whatever they need to do to get their next dose, including committing crimes to support their habit."

No guns were seized and only a small amount of drugs were seized by police during arrests, but that could be a result of the timing of the arrests, Moore said. Many were arrested out of their beds Wednesday morning and

### Quoted

**"All of our integrated RCMP/HRP operations, because they're integrated, they begin with the letter I."**

Deputy Chief Bill Moore  
Speaking on how they come up with the operation names

weren't working yet.

"There's always an opportunity that another 17 could take their place ... but we'll take these people out," Moore said.

"We hope to stem the tide, and the other thing is we're hoping fewer people will be willing to step up because they see the other 17 in the criminal justice system."

Arrests are just one part of a larger strategy to discourage people from getting into the drug trade, Moore added.

"If it is just catch and release then there will always be somebody who wants to step up to do that."

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## Dartmouth Common. Suspect sought after teen girl sexually assaulted: Police

Halifax police say a 16-year-old girl was sexually assaulted while walking in the Dartmouth Common on the weekend.

Police say at about 10:30 p.m. last Saturday, the victim was walking through the Common when a man approached her, and tried to speak to her.

Feeling uneasy, she began to walk faster when the man grabbed her, pushed her to the ground and began touching her in what police say was a sexual manner.

After screaming and trying to fight the man off, the suspect fled towards Alderney Drive. The victim went home and called police.

"She yelled, she screamed and I think that likely led to this individual fleeing to avoid any further detection," said Halifax Regional Police spokesman Const. Brian Palmeter. "I think her actions prevented this from possibly becoming even more serious."

Palmeter said the victim was interviewed by police on Wednesday about the incident, and the media were then notified immediately afterwards.

Police say the suspect is a white male between the ages of 25 and 30, about five-foot-10 with a medium build and light-coloured buzzed hair.

He was also wearing jeans and a white or light-coloured T-shirt.

PHILIP CROUCHER/METRO



Custio Clayton of North Preston, left, lands a punch on Freddie Evans of Great Britain during their men's quarter-final welterweight 69-kilogram boxing bout at the London 2012 Summer Olympics on Tuesday. IVAN SEKRETAREV/THE ASSOCIATED PRESS

# Referee cost Clayton a medal: Boxing Canada

**Good sport.** North Preston fighter has taken the high road over controversy



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The head of Canada's Olympic boxing team lashed out Wednesday at the official who called Custio Clayton's quarter-final bout in London.

High-performance director Daniel Trepanier said Uzbekistan's Bahodir Jumaniyazov ignored the rulebook and cost the North Preston boxer a medal in his loss to Great Britain's Freddie Evans in the 69-kilo-

### Reaction

**"In our minds, we won that fight. Even without that warning, Custio should have been declared the winner."** Boxing Canada high-performance director Daniel Trepanier

gram welterweight class. "The referee was incompetent," Trepanier said Wednesday.

The fight was scored 14-14 after three rounds and Evans won on a tie-breaking count-back to clinch a minimum of bronze and end Clayton's Olympic debut.

But Trepanier said Jumaniyazov issued three cautions to Evans for the same foul and did not issue an automatic warning after the third foul that would have resulted in a two-point penalty and given

Clayton a 16-14 victory.

Rule 12.2.1 states that "a third caution for the same type of foul will mandatorily require a warning to be issued."

"The rules were not followed," Trepanier said. "The guy gave three cautions, he didn't give any warning."

Boxing Canada appealed to the International Amateur Boxing Association (AIBA) to have the two-point penalty enforced, but it was rejected late Tuesday night. A copy of the AIBA appeal rejection letter

obtained by Metro Halifax said the following: "Every time, the blue corner (Evans) pushing down the opponent, the red corner (Clayton) was responsible for coming with his head low," it says. "The AIBA Technical and Competition rules have been commonly applied. For these reasons, the protest is rejected and the decision of the result of the bout remains as it is."

Although Trepanier said the AIBA has the right rules in place, he hopes they will be enforced more vigilantly at the 2016 Olympics in Rio de Janeiro. "We bring the top athletes to the Olympics; they should do the same for the judges and the referees at the next Games," he said.

### Mobile news



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## Spryfield

## Stabbing suspect turns himself in

A man wanted on a Canada-wide warrant in connection with a weekend stabbing has been arrested.

Police say Michael Richard Stewart, 18, is in custody after turning himself in late Tuesday.

Stewart has been charged with attempted murder, assault and four counts of breaching his probation after a man was stabbed following



Michael Richard Stewart  
HALIFAX POLICE HANDOUT

a fight outside an apartment building on Forbes Street in Spryfield on Saturday around 8 p.m. **METRO**

## North Sydney

## ATV mishap leaves one man dead

Cape Breton police are investigating after an all-terrain vehicle went over a six-metre embankment in North Sydney, killing the driver and injuring the passenger. The passenger, a 54-year-old local man, called 911 after the accident Wednesday. The driver, 58, also from North Sydney, was pronounced dead at the scene. **THE CANADIAN PRESS**

## Cape Breton

## Group's bid to halt test well quashed

The Nova Scotia Supreme Court has dismissed a bid to overturn a provincial permit for an oil-and-gas test well near Cape Breton's largest freshwater lake, concluding the environment minister acted fairly in rejecting an earlier bid by the Margaree Environmental Association to quash the permit granted to PetroWorth Resources Inc. **THE CANADIAN PRESS**

# Local rocker frets over stolen guitars



Carmen Townsend had four guitars stolen from her car. CONTRIBUTED

**'It's heartbreaking.'**  
Carmen Townsend gets the word out through social media

Carmen Townsend is without the instruments of her trade after thieves stole four guitars from the trunk of her car early Wednesday morning in Halifax.

"It's just the worst nightmare, because people don't really get the connection that you have with your instruments," said the Cape Breton musician. "It's heartbreaking. I feel like the wind has been taken out of my sails completely."

She estimated the value of the guitars at more than \$5,000, but described one of the guitars as priceless.

"The one that I am completely distraught over is the one that cannot be replaced. It's a 1965 Guild Starfire that I've had for 16 years and it's my baby. It's the sound to my band," she said.

The other guitars stolen were a Takamine acoustic electric, a Fender Stratocaster, and a Fender Squier Thinline Telecaster.

Townsend said she is normally diligent about never leaving anything of value in her car, but was late arriving in Halifax after a weekend in Cape Breton and didn't unpack the vehicle.

## Have a heart: Share info

Carmen Townsend encourages anyone with information to contact Halifax police, or to get in touch with her directly. Her social-network links can be found at [carmentownsend.ca](http://carmentownsend.ca).

She was alerted that something was wrong early Wednesday by a phone call from her sister who said a police officer had found her wallet, which she had mistakenly left in the car.

After receiving that call, Townsend went out to meet with police at her vehicle, at the corner of Willow and Windsor streets.

"I noticed that the back window was smashed and when I saw that the trunk was open, right then and there I knew that they had taken everything," she said.

Townsend took to social networking to get the word out, posting links to a Kijiji ad with information about the theft and pictures of the guitars, and was quickly overwhelmed by calls, texts, messages and media interest. She's hoping that translates into a happy ending.

"Hopefully something will turn up, someone will have a heart," she said. **CAPE BRETON POST**

## Joseph Howe Drive

## Ramp closures this weekend

The ramps connecting Highway 102 from Joseph Howe Drive will be closed down over the weekend as municipal staff remove old tracks on the site.

The ramps, including Exit 0 from Highway 102

onto Joseph Howe Drive, will remain closed from Friday at 6 p.m. until Monday at 6 a.m. The municipality is advising motorists that they should expect delays resulting from the construction.

Municipal staff are recommending motorists find alternate routes should they be travelling in the area during that time. **METRO**

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# Maritimes need consensus on bus-service loss: Minister

## Transportation.

Acadian Coach Lines shutting down operations Nov. 30

Two of the three provincial governments in the Maritimes say any help for the region's troubled intercity bus service lies in opening up private-sector competition, not in providing subsidies or in starting a publicly funded regional service.

The transportation ministers for New Brunswick and Prince Edward Island said

Wednesday they were warm to the idea of allowing private-sector involvement to ensure a regional transit service would continue after Acadian Coach Lines shuts its operations down later this year.

Parent company Groupe Orleans Express announced a day earlier that it would shut down the service by Nov. 30 because it couldn't cope with the costs of operating non-profitable routes. It said it had lost close to \$12 million since acquiring the bus service in 2004.

In Nova Scotia, Transportation Minister Maurice Smith was less definitive about what

he thought should be done once Acadian Coach Lines closes, but said any solution would have to be agreed upon by all three provinces.

"This is a service that's being cut in all three provinces, and I think we are much better off in trying to work together than each individual province going off on its own," Smith said.

New Brunswick Transportation Minister Claude Williams expressed disappointment with the company's decision, but said he understood that many rural routes aren't financially viable.

Williams said his province

### Students to be hit hard?

- Rebecca Rose, Maritimes organizer of the Canadian Federation of Students, said the loss of the service would particularly hamper students who rely on buses for transportation.

is conducting its own review of intercity bus regulations and he plans to discuss options with Nova Scotia and P.E.I. over the next few days.

THE CANADIAN PRESS



An Acadian Coach Lines driver closes a cargo compartment in Halifax on Wednesday. ANDREW VAUGHAN/THE CANADIAN PRESS

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## RCMP. Officer facing charges after alleged domestic violence

A Nova Scotia agency that investigates complaints against police says a Mountie has been accused of domestic violence.

The Serious Incident Response Team says the RCMP officer based in Bridgewater faces charges of assault, sexual assault and uttering threats for incidents that allegedly occurred between Dec. 1, 2010 and Tuesday. The team says it has launched an investigation of its own

### Investigation ongoing

- The Serious Incident Response Team, which did not identify the accused, investigates all serious incidents involving police officers in the province.

after the Bridgewater police and the RCMP became aware of the accusations against the male officer. **THE CANADIAN PRESS**

### Left nursing home

## Newfoundland senior who went missing found in New Brunswick

An 82-year-old Newfoundland man who went missing after he left his nursing home and boarded a ferry to Nova Scotia has been found safe in New Brunswick.

RCMP say William Francis King was found on Wednesday in Saint John. **THE CANADIAN PRESS**

### No one home

## Firefighters rescue dog during Upper Stewiacke blaze

The Canadian Red Cross says no one was home when a blaze heavily damaged a home Wednesday morning on Berry Hill Road in the Upper Stewiacke area.

Firefighters were able to rescue a dog from the burning home. **THE CANADIAN PRESS**

# HRM committee suggests taxi-rate increases

**Higher fare is fair.**  
Bylaw amendments seen as first step to owner-operator system



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The municipality's transportation committee is recommending Halifax regional council approve the first taxi-rate increase in seven years. The fee hike is part of a revised bylaw — T-1000 — that regulates taxi and limousine services in HRM.

While the transportation committee is recommending it, it still requires approval from council as a whole.

Under the proposed changes, fees will increase by 8.9 per cent, with a modest increase in the initial starting fee (\$3 to \$3.09) and a one-cent increase for every 79 metres travelled.

An average 10-kilometre taxi trip would cost \$19.48, up from the current \$17.88.

### Tough talk

**"To me, there's no debate."**

North End Coun. Jerry Blumenthal on proposed taxi rate hikes

The recommendation surprised Al Des Laurier, the president of the Halifax Taxi Drivers Owners Association, who organized a small protest outside Dartmouth council chambers Wednesday.

"We thought they were going to ... dump it, go into an election, and get it next year," Des Laurier told reporters after the meeting.

"That's what I was confident of.... They'd say, 'No, we're going to get it next year' and then we'd have to start the process again."

The proposed bylaw also relaxes some conditions around taxi zones. Currently, Dartmouth or county cabs can't operate in Halifax and vice versa, except for Friday and Saturday nights.

The new bylaw allows cabs to operate in different zones on Thursday, Friday and Saturdays



Dave Buffett, taxi driver and president of the HRM Medallion Agency, talks to reporters outside a meeting of the municipality's transportation committee on Wednesday. ALEX BOUTILIER/METRO

from 11 p.m. to 2 a.m.

That didn't sit well with many of the cab drivers who attended the meeting.

Municipal staff, as well as

Halifax Regional Police, justified it by pointing to the large number of assaults that occur after downtown bars close for the night.



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## Sikh temple massacre

## Gunman shot himself: FBI

The gunman who killed six people at a Sikh temple in the U.S. died of a self-inflicted gunshot wound to the head after he was shot by police, the FBI announced Wednesday.

Authorities previously said an officer had fired the shot that killed gunman Wade Michael Page. **THE ASSOCIATED PRESS**

## Settlement

## Troops trained by mercenary army

Canadian troops and police were trained for two years by the international security contractor formerly known as Blackwater, court records show. The partnership was revealed as part of a \$7.5-million settlement of criminal charges against the company that's now known as Academi LLC.

The Harper government has had a standing, untendered contract with the company, referred to as the world's largest mercenary army, since 2008. **THE CANADIAN PRESS**

# Does social media help expose anti-social misfits?

## Controversy.

Psychologist believes someone's absence from sites such as Facebook could be a red flag

If you're a Facebook hold-out, or have chosen to abandon the social-media hangout for any number of reasons, be prepared to be labelled a misfit — or worse.

The net has been abuzz this week about a story attributed to the German newsmagazine *Der Tagesspiegel* in which a psychologist concluded that the slim social-media presences of two accused killers, Norwegian Anders Breivik and Colorado-theatre-massacre suspect James Holmes, were suspicious.

With a global population of seven billion and about 955 million registered Face-



James Holmes, left, and Anders Breivik. The accused killers' slim social-media presence was deemed suspicious by a psychologist. TOP: AFP/POOL/RJ SANGOSTIRI SANGOSTI/AFP/GETTY IMAGES; BOTTOM: LISE ASERUD/AFP/GETTY IMAGES

book users — technological and economic barriers notwithstanding — that's a scary proposition.

However, an immediate concern may be the weight placed on the social network by employers.

While the Maryland Department of Public Safety and Correctional Services have backed off earlier demands for the Facebook passwords of workers to check their profiles for troubling behaviour, it's still

seen as a tool to vet potential employees.

"Anecdotally, I've heard both job seekers and employers wonder aloud about what it means if a job candidate doesn't have a Facebook account. Does it mean

they deactivated it because it was full of red flags? Are they hiding something?" asked a *Forbes.com* writer.

And the dating game tells a similar story.

Slate advice columnist Emily Yoffe told one woman: "I'm fine with people not having a Facebook page if they don't want one. However ... if you're of a certain age and you meet someone who you are about to go to bed with, and that person doesn't have a Facebook page, you may be getting a false name. It could be some kind of red flag."

For the digital generation, that kind of sentiment is understandable, said Queen's University media professor Sidneyeve Matrix.

"Facebook really is the way that you vet folks that you like, you cross paths and socialize with," she said. "There's a lot of common-sense wisdom there, because we do want to vet people."

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## Study says. Stressed men find plumper women hot

Many men might say they're most attracted to women who are svelte, icons of that so-called feminine ideal portrayed in magazines and other media.

But never fear, you ladies of more Rubenesque proportions: It seems a man's body-size preference can be somewhat fluid — and one of the factors that appears to affect it is stress.

British researchers have found that men faced with a stressful situation tend to change their assessment of what constitutes an attractive female, moving away from slender to a range of plumper women.

For Olympics devotees, think heftier weight lifters or hammer throwers rather

**Under construction**

## One World Trade Center fire a false alarm: Reports

Authorities say a fire on the 88th floor of One World Trade Center in New York is likely a false alarm. The tower is the main part of

### Testing the effects of stress

- Forty-one men were subjected to a number of stress-inducing tasks, including a mock job interview
- Both groups were then shown photographs of female body types ranging from emaciated through obese, with faces removed.
- The stressed group gave significantly higher attractiveness ratings to normal weight and overweight figures than did the non-stressed group

than lean and lithe gymnasts or sprinters.

**THE CANADIAN PRESS**

the construction at the site of the 9-11 attacks. The building is now the tallest in New York.

A spokesman for the Port Authority of New York and New Jersey, which owns the site, says the fire report was called in by a member of the public Wednesday and is believed to be a false alarm. **THE ASSOCIATED PRESS**

# Fairmont Winnipeg is holding down the fort

**No girls allowed.**

A grown man asks hotel staff to build him a fort ... and the rest is online viral history



**ELISHA DACEY**  
elisha.dacey@metronews.ca

Going along with a guest's cheeky sense of humour just might have netted a Winnipeg hotel a giant PR boost.

As of 11:30 a.m. local time on Wednesday, more than 160,000 people had viewed a series of photos uploaded by a guest at the Fairmont Hotel in Winnipeg only 14 hours earlier. The guest, identified on photo-sharing site Imgur as InGordWeTrust, said that when he booked the room he asked for a pre-made pillow fort and two vanilla cokes under the “special requirements” section.

Staff at the hotel provided him with instructions on how to build a fort, several extra pillows and blankets, a basket of free goodies and a coupon good



**Gordon Relph in his pillow fort at the Fairmont Hotel in Winnipeg. Relph wouldn't let Metro's female photographer inside, citing the "No girls allowed" rule. BERNICE PONTANILLA/METRO**

for two of the requested drinks, made from scratch by the hotel staff.

The man, Gordon Relph, documented the gesture by uploading several pictures, including two pictures of himself with a smile on his face and photos of the fort he constructed.

"We've got a remarkable team here at the hotel," said

Jacques Laverene, spokesperson for the Fairmont Winnipeg.

"Oddly enough, this isn't a one-off. We deal with an interesting mix of clientele here and we get some pretty off-the-wall requests. It's part of the culture here at the hotel."

Relph, 26, said he was taken aback by the attention.

"Obviously I never thought

it would take off like this," said Relph from an office in Winnipeg, where he's in town on business until Friday.

The Kelowna-born Calgarian said he'd never before made this kind of request from a hotel and that he was surprised when staff complied. "I thought, well, let's just do it."

He said he used the fort and even slept on the floor all night.

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# Sect kept kids in underground captivity

**'Kingdom' raided.**  
Children lived in cells for years, rarely saw the light of day and never attended school

sian province about a decade ago and 70 followers soon moved into an eight-level subterranean honeycomb of cramped cells with no light, heat or ventilation.

Children were born. They, too, lived in the cold underground cells for many years — until authorities raided the compound last week and freed the 27 sons and daughters of the sect.

Aged one to 17, the children rarely saw the light of

## Quoted

**The children "looked nourished but dirty, so we had to wash them."**

Pediatrician Tatyana Moroz

day and had never left the property, attended school or been seen by a doctor, officials in the oil-rich Volga River province of Tatarstan said Wednesday. Their par-

ents were charged with child abuse.

The sect's 83-year-old founder, Faizrahman Satarov, was charged with negligence, said Irina Petrova, deputy prosecutor in the provincial capital of Kazan.

The children were discovered when police searched the sect grounds as part of an investigation into the recent killing of a top Tatarstan Muslim cleric.

THE ASSOCIATED PRESS



Two members of the underground sect are pictured Wednesday.  
NIKOLAY ALEXANDROV/THE ASSOCIATED PRESS

A self-proclaimed prophet had a vision from God: He would build an Islamic kingdom — under the earth.

Digging began in a Rus-



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## Olympic mystery. Athletes stage a disappearing act

Where are they?

The disappearance of seven Olympic athletes from one of the poorest nations was turning into a gold-medal mystery Wednesday.

Seven Cameroon athletes left London's Olympic village in the dead of night and disappeared.

They may be seeking new homes and better sports opportunities elsewhere, a Cameroon Olympic official said.

The Olympians have valid U.K. visas that would allow them to stay in Britain for six

months, said press attache Emmanuel Tataw, noting this has happened before to national or Olympic squads.

"Most of the time they don't come back," he said.

The missing athletes include five boxers, a swimmer and a soccer player.

Cameroon, a predominantly French-speaking nation of 20 million in west central Africa, has an estimated 2011 economic output of just \$1,230 per person, according to the International Monetary Fund. THE ASSOCIATED PRESS

### Activist missing

#### Interpol seeks whaling foe

Interpol has issued an arrest notice for the Sea Shepherd Society's Canadian founder, environmental activist Paul Watson.

Watson skipped bail in Germany last month over fears of retribution for his ongoing clashes with Japanese whalers.

He was arrested at Frankfurt Airport in May on a Costa Rican warrant that claimed he had endangered a fishing vessel.

He was released days later on a \$320,000 bond and ordered to report regularly to German authorities.

The Sea Shepherd Society has waged aggressive campaigns to protect marine animals, prompting Japan to label its members terrorists.

THE CANADIAN PRESS

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# Court orders Tories to find new arbitrator

**Labour dispute.** Canada Post's largest union learns via Facebook of Guy Dufort's ties to Conservative party

The Federal Court has ordered the Harper government to find a new arbitrator in a lingering dispute between Canada Post and its biggest union.

In a decision released Wednesday, the court said arbitrator Guy Dufort's previous work for Canada Post and history as a Conservative candidate in Quebec casts doubt on his impartiality.

"In light of the unique context of labour relations and the special law, the court concludes that a reasonable and sensible person might worry that the arbitrator is biased because of these two reasons," says a summary of the decision.

Market Minute	
	<b>DOLLAR</b> 100.54¢ (+0.29¢)
	<b>TSX</b> 11,781.04 (-82.46)
	<b>OIL</b> \$93.35 US (-32¢)
	<b>GOLD</b> \$1,616 US (+\$3.20)
<b>Natural gas:</b> \$2.933 US (-3.1¢)	
<b>Dow Jones:</b> 13,175.64 (+7.04)	

The union says Dufort's Facebook page contained links to Conservative groups under the "activities and interests" section, and he was "friends"

on the social networking site with both Labour Minister Lisa Raitt and Tory MP Steven Fletcher, the junior minister responsible for Canada Post. The links have since been removed.

"The union has written to Lisa Raitt, asking that a mediator be appointed to facilitate the collective bargaining process instead of appointing another 'friend' to force a winner-takes-all final offer selection on the parties as mandated by the back-to-work legislation," CUPW said in a statement.

The government is now considering its options, and Raitt's office had little to say on the matter.

"Our government took action and passed a law to restore delivery mail to Canadians. We acted in the best interests of Canadian in doing so," the minister said in a statement provided by her office.

THE CANADIAN PRESS

## Real estate. Canadian home prices expected to drop slower than in U.S. and Europe

Canadian home prices are likely to decline 10 per cent over the next two to three years, before facing a period of "prolonged" softness in both prices and sales, says a new report from Scotia Economics.

"The correction will be concentrated in the Toronto and Vancouver markets, where supply risks and affordability pressures have the potential to trigger larger price adjustments," says the report by Scotia bank's Global Economic Research Group. Pent-up demand for housing has been "effectively exhausted" by the decade-long




A house "sold" sign in Oakville, Ont., on July 23. Scotiabank says the Canadian housing market is beginning to cool, especially in what has been the red hot markets of Toronto and Vancouver. RICHARD BUCHAN/THE CANADIAN PRESS

housing boom, which has seen home ownership reach record levels, the report notes.

But "Canada's housing mar-

ket is expected to avoid the sharp downturn witnessed in the United States and Europe," it says. TORSTAR NEWS SERVICE



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Iran 4.9¢/min	Israel 1.9¢/min	Italy 1.9¢/min	Sri Lanka 9.9¢/min	Lebanon 7.9¢/min	Mexico 1.9¢/min	Pakistan 3.9¢/min	Philippines 10.9¢/min	Kazakhstan 4.9¢/min
Poland 1.9¢/min	Romania 1.9¢/min	Russia 1.9¢/min	South Korea 1.9¢/min	U.A.E 14.9¢/min	Ukraine 8.9¢/min	U.K. 1.9¢/min	Vietnam 3.9¢/min	Saudi Arabia 7.9¢/min

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# SIGNALLING AN END TO CYCLISTS' CAMARADERIE



**HE SAYS...**  
John Mazerolle  
metronews.ca/voices/  
he-says

I am a rogue of sorts. A self-loather, perhaps. A traitor to my own people.

I ride a bicycle, and I hate cyclists.

It's a moral quandary, to be sure. Since there's apparently a war between bikes and cars, I am a king without a country. I kickstand alone.

It's tough, but I have little choice in the matter. Experience has taught me that many cyclists do not know the rules of the road. In fact, I'm not confident that most cyclists know there are rules of the road.

This makes every bike ride I take an emotional roller-coaster.

## Two directions

Cyclists fail to signal, dominate shared paths, run red lights, pass on the right of cars turning right, and ding their bell at people while riding on the sidewalk, all with alarming regularity.

cars turning right, and ding their bell at people while riding on the sidewalk, all with alarming regularity. Can you imagine if a car moved into a bike lane and honked at a cyclist to move? The Car vs. Bike War would go to DEFCON 1.

As history and J.J. Abrams have taught us, it's human instinct to hate The Others because you don't know their perspective and therefore assume the worst. But to me it makes more sense to hate The Sames because I'm well aware of their perspective and don't understand why they aren't as good as me.

I'm not a great cyclist by any means, but it isn't exactly a high bar to jump over. No BMX skills required.

And when confronted with their lack of skills or knowledge, most cyclists give one of two infuriating answers.

1. "The chances of me hurting anybody by breaking the rules are much less than if a car did it." This is equivalent to saying, "Yeah, I punch stuff randomly, but imagine if I had a baseball bat. That'd be crazy."

2. "Motorists wouldn't know what to do if I signalled properly and followed the rules anyway." At which point I have to get my helmet replaced because I've slammed my head repeatedly against a table.

It hurts me to say it, but I hate you, bad cyclists. I don't know where we took a wrong turn, but I'm sure you didn't signal it.

So our friendship must now come to a full stop. Then again, I guess you don't know what that is.

At first, I'm happy. This stage lasts a good 15 seconds.

But then I start to tense up like a child with divorcing parents, because I know there's going to be yelling.

And, sure enough, sometime within the next few minutes I'm barking at someone, usually a "fellow" cyclist. Despite my shrieks, it never seems to get any better. I guess I'm not yelling properly.

Cyclists fail to signal, dominate shared paths, run red lights, pass on the right of

# Record heat tough to shake off



THE IDAHO STATESMAN/DARIN OSWALD/THE ASSOCIATED PRESS

## Hot hot heat

**U.S. saw warmest July in more than 100 years**

Teagan Rogers, 10, enjoys a splash of cool water at Borah Pool Tuesday in Boise, Idaho.

This probably comes as no surprise: U.S. scientists say July was the hottest month ever recorded in the Lower 48 states, breaking a record set during the Dust Bowl of the 1930s. **THE ASSOCIATED PRESS**

## Global warming

**"This would not have happened in the absence of human-caused climate change."**

Michael Mann  
Pennsylvania State University climate scientist

## Dust Bowl record broken

- In the past, skeptics of global warming have pointed to the Dust Bowl to argue that recent heat isn't unprecedented.
- But climate scientist Jake Crouch, of the National Oceanic and Atmospheric Administration, said this shows that the current year "is out and beyond those Dust Bowl years. We're rivalling and beating them consistently from month to month."

## Average temperature

**25 C**

The average temperature last month was 25 C. That breaks the old record from July 1936, according to the National Oceanic and Atmospheric Administration. Records go back to 1895.

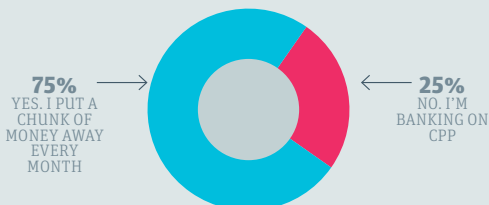


I know following the rules of the road is tough, but someone has to do it.  
STEVE RUSSELL/TORSTAR NEWS SERVICE



Register at [metropolitanpanel.ca](http://metropolitanpanel.ca)  
and take the quick poll

**Are you saving for retirement?**



**Twitter**

**@danjamesco:** I'm hoping the fall of Acadian Bus lines will bring rise to a frequent express bus to Halifax.

**@alexiclea:** Traffic in Burnside is totally ridiculous. #Halifax #hfxtraffic

**@NikkiChikkiGirl:** The weather is looking beautiful for #Halifax the next couple of days. Let's keep it going for Satur-

day's #summerparty k thanks.

**@JenComeau3:** Loving that I can get to the Halifax airport for \$3.25 now! Thanks @hfxtransit

**@spcushing:** I realize cost is an issue in transit service, but this latest round of cuts will only hurt ridership. #Halifax #Halipoli



# Throw one back, Halifax

## Seaport Beerfest.

Suds connoisseurship is still nascent, but special fest guest says when it comes to flavour, beer has tons of possibilities



**BACKSTAGE PASS**  
Jenna Conter  
halifax@metronews.ca

In a city that prides itself on having the most bars per capita, why did it take so long for Halifax to organize a beer festival?

"I kept waiting for someone to start a beer fest and I just got tired of waiting and out of sheer frustration I started one and it has just grown and grown," said Brian Titus.

In 2007 Titus, the president of Garrison Breweries, created the Halifax Seaport Beer Fest, which he co-chairs with Bruce Mansour.

And according to event special guest and beer expert Stephen Beaumont, the sophistication of beer is catching up with its posh wine cousin.

"The fact is that there are more potential flavours in beer than wine," he said.

### Quoted

**"Winemakers coax amazing flavours out of grapes, but that's all you have to work with."**

Stephen Beaumont, beer expert



Halifax Seaport Beerfest co-chairs Bruce Mansour, left, and Brian Titus. METRO FILE

"Winemakers coax amazing flavours out of grapes, but that's all you have to work with. Beer, you start with four ingredients and then can add whatever you want — the palate of flavours is just larger."

As I try to ignore the screams from Burgundy, France, to Napa Valley, Calif., piercing through this wine lover's soul, Titus says he expects 5,000 people to sample

more than 210 craft or micro-brewed beers at the fest.

Clearly there is need to lower one's nose and hop on the hops and barley train this weekend.

"One of the great things about beer is that it's such a sociable beverage, but that doesn't mean you have to sacrifice flavour," said Beaumont.

Hosting Friday night's

Rare Beer Dinner, Beaumont will further make his point that this working man's drink can add sophistication to the finest of food fare.

"Our hope is to broaden the appetite of the local population for craft beer in a way that gets people excited to experiment with different tastes and styles," Titus said.

"And the numbers tell us that it's working."

### Online

- Halifax Seaport Beerfest runs Friday and Saturday at Halifax Seaport. Visit [seaportbeerfest.com](http://seaportbeerfest.com) for complete event details.

# 2 SCENE

### On the web



**Madonna dons ski mask in Moscow to show support for jailed punk band Pussy Riot**

## Take Time to Check Your Flight



**From August to mid-November, runway extension work will be ongoing at Halifax Stanfield International Airport.** While this is the best time to complete the construction, extreme weather – such as low visibility or high winds – can potentially disrupt flights during this time. And in Nova Scotia weather conditions can change in a minute.

So if you're visiting Halifax Stanfield International Airport to catch or meet a plane this summer and fall, **check with your airline.**

Find out more at  
[www.flyhalifax.com](http://www.flyhalifax.com)



## Baby No. 4 for Hollywood power couple? Not if Garner can help it

Jennifer Garner and Ben Affleck recently welcomed their third child, son Samuel, and there's apparently some disagreement in their house about whether or not their family is complete. "The fact that Ben wants another is true," Garner tells Extra. "I can tell you that would be a

pretty uphill battle with me. I am not anticipating having any more kids." That makes sense, considering Garner's admission of how hectic baby No. 3 has made things. "It's absolute chaos," she says. "I really did not realize how much more work three was going to be than two."



Rupert Sanders. GETTY IMAGES

## Pulling a Pattinson? Sanders' wife spotted without wedding ring

Rupert Sanders has some serious regrets about his admitted affair with his Snow White and the Huntsman star, Kristen Stewart — especially since his wife, Liberty Ross, has been spotted out and about in Los Angeles with their two children but without her wedding ring. "Rupert is

ing to do absolutely anything and everything he can to save his marriage. He realizes this is the worst mistake of his life, and he cannot believe he was so stupid," a source tells Radar Online. "The thought of losing his wife and children, who he loves more than anything in the world, is killing him."

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### The Word



## JLo: Oh, hell no!

THE WORD  
Monica Weymouth  
scene@metronews.ca

Hakob Manoukian, Jennifer Lopez's driver, recently filed a lawsuit against the singer, claiming that he was forced to resign after being publicly embarrassed by her manager.

But now, JLo has answered with a \$20 million-plus extortion countersuit, claiming Manoukian demanded money to keep her secrets from the press, reports TMZ.

We can't help but wonder: How much do you pay

your driver if you sue him for \$20 million? And does writing a gossip column disqualify you for the job?

### Pattinson speaks!

Robert Pattinson has been lying low ever since girlfriend Kristen Stewart's very public affair with director Rupert Sanders.

That said, he has a movie to promote, so next week he'll make his first appearance on the only show too classy to provide material for this column.

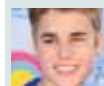
Catch Pattinson Monday on The Daily Show with Jon Stewart, where he'll talk about his latest film, Cosmopolis, before getting harassed on Wednesday's Good Morning America.

### Twitter



@GarryShandling

I'm sure this is a little stupid, but have u noticed how amazing it is that you can't see the horses under the water in water polo?



@justinbieber

bball with the fellas today



@MissKellyO

My new favorite thing on earth is giving people the double thumbs up! They have no idea what to do & sometimes you get a nerves half thumbs up



@SandraBernhard

imagine if dogs could start speaking how much noise there would be on the street.

## Elton John trash-talks Madonna, but she isn't having any of it

Madonna has heard Elton John's expletive-filled criticism of her and her latest tour, and she isn't taking it lying down. "Ultimately, she doesn't care what he has to say about her in public or private. She has nothing to prove to anyone,

especially Elton John," a source tells the Huffington Post. "To say her tour is a disaster is just silly. She is selling out arenas. (She's) singing new material and a few classic hits. (John) will be singing the same old songs until he dies."



Anne Hathaway as Catwoman. SUBMITTED

## So what did Obama like best about the new Batman movie?

Barack Obama has seen the latest Batman movie, the Dark Knight Rises, and he knows which part he liked best: Anne Hathaway's Catwoman. "She's spectacular," Obama told reporters, according to Hollyscoop. "She was the best thing in it. That's just my personal opinion."



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# Handling hot summer hair

**Get the look.** With temperatures soaring, it's the perfect time to sweep the mop off our sticky necks and up into a dreamy design

**TINA CHADHA**  
Metro World News in New York

We're obsessed with the romantic braided crown that stylist and Redken Creative Consultant Guido Palau created for the Spring '12 Valentino show. We headed to Cutler/Redken Salons where stylist Jenny Balding gave us a step-by-step tutorial. Warning: You'll need some French braiding skills and patience. Or better yet, find a girlfriend who will come over and do it for you.

#### Tool of choice

- "Spray a dry shampoo — especially if you have fine hair — to your roots and mid length to add texture to your locks and for some more grip," says Balding.
- She likes Redken Powder Refresh (\$8, redken.com).



Behold the finished product! METRO WORLD NEWS



1. Divide your hair into three sections: the front, the crown and the back. The finer the hair the thicker the sections need to be.



2. French braid the crown, braiding towards the right ear, and tie with a rubber band.



3. Braid the front section. Start from your left ear and work your way across the forehead until you get to behind the right ear.



4. Once your front braid has reached the right side, connect it with the crown braid.



5. Braid them into the remaining hair. Make sure to braid right down to the very tip.

6. Wrap the braid going from the left to right around your crown and pin.

7. Use three pins on each side and one in the center to secure your braid.

8. As you go through, pull some pieces out at the root to make your braids chunkier.

## Two for the road

Don't forget to pack these items for your August vacation

**Malin + Goetz bug spray, \$20**

\$20  
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On the Web



Artist Yayoi Kusama  
sees the world in dots,  
collaborates with  
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# Coffee clean up is no hard task at all



Keep your coffee maker clean to ensure a better cup of coffee. ISTOCK IMAGE

## How do you correctly clean a coffee maker and coffee pot? Donna



**CHARLES THE BUTLER**  
askcharlethebutler@metronews.ca  
For more, visit charlesmacpherson.com

Dear Donna,  
Well the good news is that this is relatively a simple process. Pour a few cups of white vinegar (five per cent alcoholic volume) into the coffee maker, nothing else.

Let it sit for 10 minutes then turn on the coffee maker and run it through. Once finished, continue to run fresh clean water

through the pipes of the coffee maker until the vinegar smell is totally gone.

Now the coffee pot is cleaned the same way, by pouring white vinegar (five per cent alcoholic volume) into the coffee pot, let it stand for 30 minutes then rinse and wash with fresh clean water.

If you do this at least monthly, this should stop the coffee maker and coffee pot from getting mineral build-up.

Cleaning the coffee maker and coffee pot on a regular basis actually allows you to have a better cup of coffee, and keeps the machine in good working order.

# Pork & Mushroom Sliders grab summer spotlight

## Pork and Mushroom Sliders



This recipe makes 12 sliders. NEWS CANADA

1. Heat oven to 400 F. Blend sour cream and mustard in small bowl; cover and refrigerate. Combine 2 tablespoons olive oil, 1 clove garlic and 1 teaspoon thyme leaves in mini chopper or finely chop garlic and blend mixture in bowl with fork, mashing garlic. Rub pork with garlic mixture; place in shallow baking pan and roast 25 minutes or until internal temperature is 160 F. Remove from oven; let stand at least 10 minutes.

2. Meanwhile, heat remaining

3 tablespoons olive oil in large skillet over medium-high heat. Add 1 clove garlic; cook and stir 30 seconds or until fragrant but not browned. Add mushrooms, olives, shallots and remaining 1/2 teaspoon thyme leaves. Cook and stir for 5 minutes or until mushrooms are tender. Remove from heat; set aside.

3. Thinly slice tenderloin diagonally across grain. Spread each cut side of rolls with mustard mixture. Spoon half of mushroom mixture (about 2 tablespoons) on bottom of each

## Ingredients

- 1/4 cup sour cream
- 2 tbsp coarse ground mustard
- 1 lb pork tenderloin, trimmed
- 5 tbsp extra virgin olive oil
- 2 large cloves garlic, divided and minced

- 1 1/2 tsp dried thyme leaves
- 4 cups finely chopped shiitake mushrooms
- 1/2 cup chopped ripe olives
- 1/4 cup finely chopped shallots
- 12 small rolls, split (warmed, if desired)

roll. Top rolls evenly with sliced pork and remaining mushroom mixture. Cover with top halves of rolls. Serve on coated

sandwich wraps or bakery sheets if desired.

NEWS CANADA/INTERNATIONAL OLIVE COUNCIL

## Cookbook of the Week

### All hail The Book of Burger

Whether you're cooking for one or 100, Rachel Ray's The Book of Burger has you covered! Please 'em all with more than 200 recipes for burgers,

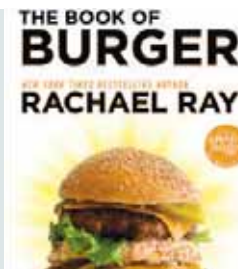
sandwiches, hot dogs, fries, sliders, sloppies and more.

Start with Rach's Big Spicy Mac, tempting you from the book's cover, or go with the heavenly French Onion Dip Burger.

If beef isn't your thing, opt for bites such as Buffalo Turkey Burgers

with Blue Cheese Dressing, Firecracker Deviled Corn Dogs, Italian BBQ Chicken Burgers, Lamb Burgers with Walnut and Feta Cheese Sauce, Bacon-Wrapped Potato Skins and more.

The book also boasts essays from authorities such as Pat La Frieda on grinding your own meat. **METRO**



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Choosing to buy produce from local farmers means your food is usually fresher. JUPITERIMAGES/BANANA STOCK/THINKSTOCK

# Home sweet home

**Food and goods.** Purchasing from farmers and companies in your region offers many benefits

ASTRID  
VAN DEN BROEK  
For Metro

What does buying local mean? And how do you do it?

We asked Jed Goldberg, president of Toronto-based Earth Day Canada, to share with us the goods on buying local.

## WHAT IS BUYING LOCAL?

Buying local means purchasing food and goods produced by farmers and companies in your region. "There are all different qualifiers as to what is your region — your region could be Ontario for instance, or southern Ontario," he says. "It all depends on what your criteria are. But what it certainly couldn't be is the Western Hemisphere!"

## WHY BUY LOCAL?

Aside from driving money back into your region's businesses, there are environmental factors to consider in considering buying local. When buying foods from overseas farmers, for example, there are environmental transportation costs and concerns that go into buying those goods.

"There's a good example right now in China cornering the market on garlic," notes Goldberg.

"They're now the No. 1 garlic producers in the world. So why would you buy garlic from China when you

## Local farmers' markets

- HALIFAX SEAPORT FARMER'S MARKET:** Located on Halifax's Marginal Road by the water, this two-level popular market runs year round. Check the website for specific hours because they do vary. (halifax-farmersmarket.com).
- HISTORIC FARMERS' MARKET:** This market is proud of the fact that it's in its 262nd year. Located at Keith's Brewery in Halifax, this market runs Saturdays from 7 a.m. to 1 p.m. and features more than 30 local vendors. (historicfarmersmarket.ca).

can buy it from Newmarket, Ont.? It doesn't make sense."

Goldberg adds that buying from producers abroad also means you often don't know what type of farm or production facility your food comes from. The farms, he notes, could be mass factory facilities that might not be as closely monitored in environmental or quality standards compared to a local producer.

Buying local also affords you food that usually stays on the vines longer and is picked closer to selling time.

"So then it's usually going to be healthier, better tasting and more nutritious,"



To scout some local goods, visit your local farmers' market where you can purchase much more than in-season produce. IT STOCK/POLKA DOT/THINKSTOCK

Goldberg says. "So you're paying for the freshness and the quality of the food when you're buying local, and not for the transportation, the packaging, the refrigeration and all of that."

## HOW TO BUY LOCAL

To scout some local goods, visit your local farmers' market where you can purchase much more than in-season produce. (Many markets often include foods such as baked goods, cured meats, artisan crafts and even clothing.)

"Right now in Canada, the harvest season is coming so there's the greatest available selection of locally grown food in markets across the country," says Goldberg.

If you are shopping in stores, however, look for certifications such as the Local Food Plus (LFP) logo on your products — LFP certifies farms and processors who have adhered to sustainability and production standards. "If you see that logo, then it's produced by somebody close to where you live," notes Goldberg.

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# Jays behind the curve in Florida



Rays pitcher Alex Cobb and catcher Jose Molina visit on the mound during a 3-2 win over Toronto on Wednesday in St. Petersburg, Fla. J. MERIC/GETTY IMAGES

**MLB.** Rays right-hander Cobb leaves Toronto batters baffled with nasty breaking ball

Alex Cobb turned an impressive breaking ball into his second straight strong performance.

Cobb pitched seven solid innings, helping the Tampa Bay Rays keep up their home dominance of Toronto in a 3-2 victory over the Blue Jays on Wednesday night.

"That was the best curve I've seen all year from any of our pitchers," Rays manager Joe Maddon said. "To both righties

**By the numbers**

**16**

The Rays clinched their 16th consecutive home series win over Toronto by winning the first two games of the three-game set. The longest such streak in AL history is 19, held by the New York Yankees against the St. Louis Browns from 1946-51.

**Wednesday's game**

**3**

Rays

**2**

Blue Jays

and lefties, it was quick, it was hard, there was no hump in it. It was absolutely great, and I think that set up the whole game for him."

Cobb (6-8) allowed one run and five hits, striking out seven. The right-hander was coming off a start last Wednesday in which he also gave up one run over seven innings in a 4-1 victory against Oakland.

"The curveball was probably the best it has been all year," Cobb said. "I was able to throw it for a strike when I wanted, out of the zone when I wanted, and it had some good bite to it."

After Joel Peralta fanned all three batters he faced in the eighth, Fernando Rodney got his 34th save despite giving up David Cooper's one-out, solo

homer in the ninth.

Cooper's shot stopped Rodney's scoreless streak at 22 innings, one short of James Shields' team record set in 2011.

Evan Longoria went 0 for 4, including three strikeouts, in his second game back as the Rays' designated hitter after sitting out 85 games with a left hamstring injury.

The Jays got some good news postgame about injured slugger Jose Bautista, who had an MRI exam earlier in the day on his injured left wrist.

Toronto manager John Farrell said Bautista has been cleared to take dry swings and hit off a tee on Monday.

"At that point, it's still proceed with his tolerance to any kind of discomfort," Farrell said. "This will be a cautious approach and we'll monitor it daily. Hopefully with some additional time down, he'll get back into the swing of things. Looking forward to getting him back, making progress towards eventual activation."

THE ASSOCIATED PRESS

**NHL**

## Skinner staying in Raleigh long-term

The Carolina Hurricanes signed cornerstone forward Jeff Skinner to a six-year contract extension on Wednesday.

The \$34 million US deal will keep the 2011 Calder Trophy winner in Carolina through the 2018-19 season.

His entry contract, which pays him \$900,000 per year, was to expire after this coming season.

THE ASSOCIATED PRESS

## Soccer. Canada under-20 nod gives Ezurike 'ideal environment' to develop

Lower Sackville's Nkem Ezurike will get a chance to make more strides for Canadian women's soccer later this month.

As Team Canada prepared for Thursday's bronze-medal match against France in a bid for its first ever podium finish at the Summer Olympics, Ezurike was named to the country's under-20 squad that will compete at the FIFA U-20 Women's World Cup from Aug. 19 to Sept. 8 in Japan.

Ezurike, a 20-year-old striker

who plays at the NCAA Division I with the Michigan Wolverines, is one of 21 players on the roster.

"This tournament provides the ideal environment for the development of our players as they strive to one day make an impact with our national A team," U-20 head coach Andrew Olivieri said.

The five-foot-11 striker started 18 games for the Wolverines last season, finishing tied for eighth in the Big 10 confer-

ence with 11 goals along with six assists. She was an all-Big 10 second-team selection for the second straight year.

She is playing in the W-League this summer with the Laval Cometes, who she leads in scoring with five goals and an assist in seven games.

Canada, participating in its fifth U-20 World Cup, faces Argentina on Aug. 20, Norway on Aug. 23 and Korea on Aug. 27.

MATTHEW WUEST/METRO



Nkem Ezurike with the Michigan Wolverines. U-M PHOTO SERVICES

**Mobile sports**



Oxygen deprivation is part of life for Canadian synchronized swimmers Marie-Pier Boudreau-Gagnon and Elise Marcotte. Scan the code for the story.

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# 4 SPORTS



Adam van Koeverden paddles to silver in the K-1 1,000 metres at Eton Dorney on Wednesday. STEVE RUSSELL/TORSTAR NEWS SERVICE



Mark Oldershaw reacts to winning bronze in the C-1 1,000 metres at Eton Dorney on Wednesday. SEAN KILPATRICK/THE CANADIAN PRESS

#### What's next?

Adam van Koeverden said he has "no idea" about his kayaking future.

- "I don't feel like I'm done paddling. But I need some time away for it to know for sure," said Van Koeverden.
- For his part, Mark Oldershaw says he plans to keep competing.
- "I think so. I had the best time of my life here so I don't know why I would want to stop," he said.

## Huynh battles to bronze with fortuitous clinches

Canada's Carol Huynh won a bronze medal in freestyle wrestling at the London Olympics on Wednesday while teammate Martine Dugrenier came up just short in her bid to reach the podium.

Huynh, the 2008 Olympic champion, beat Isabelle Sam-

bou of Senegal to finish third in the 48-kilogram category. The Calgary wrestler won tie-breaking clinches after each of the two scoreless rounds.

She said she was elated with the win.

"I didn't want it to end in two clinches but you know what, I'll take it," Huynh

said. "I wanted that bronze medal."

About a half-hour later, Dugrenier lost to Battsetseg Soronzonbold of Mongolia in the bronze medal bout at 63 kilograms. Soronzonbold stuffed Dugrenier's attacking attempts and outscored her in both rounds.

There was very little actual wrestling in Huynh's last match as the grapplers spent most of the bout clutching and grabbing. After drawing the offensive position in both clinches, Huynh scored early on both occasions to take the rounds.

Huynh missed out on a chance to wrestle for gold at ExCeL London North Arena 2 when she lost to Japan's Hitomi Obara in the semifinals.

THE CANADIAN PRESS



Carol Huynh grapples with Senegal's Isabelle Sambou on Wednesday. STEVE RUSSELL/TORSTAR NEWS SERVICE

# Awesome day for Canada on Eton Dorney

**Canoe-kayak.** Van Koeverden finds bright side in silver, Oldershaw buoyed by his bronze

Two friends with a ton of Olympic history made the canoe-kayak medal podium Wednesday.

Adam van Koeverden won silver in kayak, his fourth medal in three Olympics, in the K-1 1,000 metres. And training partner Mark Oldershaw, a third-generation Olympian, claimed canoe bronze in the C-1 1,000 metres.

Watching over both of them was proud coach Scott Oldershaw, Mark's father.

Van Koeverden, the reigning world champion, looked for the silver lining in silver. Oldershaw, who finished 10th in Beijing four years ago when nerves got the best of him, was bubbling over bronze.

"(It feels) very heavy and it's awesome," a grinning Oldershaw said of the medal around his neck. "And I'm going to

wear it for a while."

After a blazing start, van Koeverden lost gold to friend and longtime training partner Eirik Veras Larsen of Norway in the final stretch.

Larsen, 36, was the 2004 Olympic champion and 2008 silver medallist in the K-1 1,000. He also won bronze in the K-2 500 in Athens.

Van Koeverden won gold and bronze at the Athens Games in 2004 and a silver in Beijing. The gold and silver came in the 500 metres — which has since been replaced by a 200-metre race — and the bronze in the 1,000. He was eighth in the 1,000 in 2008.

The 30-year-old from Oakville, Ont., admits Beijing was a hard pill to swallow. He had won a lot of races going into the 2008 Games and put a lot of pressure on himself.

But he has matured over the years. Any disappointment Wednesday was tempered by respect for his rivals and knowing that you can't win them all.

Still, van Koeverden showed his steely side when asked if he

#### By the numbers

## 4th

Van Koeverden's fourth medal takes him one past Caroline Brunet, making him Canada's most prolific canoe-kayak Olympian. His Games résumé includes being flag-bearer in 2008 and carrying the flag at the closing ceremonies in 2004.

had come out too fast.

"I started the way I wanted to," he said. "I was super-comfortable. Going through the 500 I had tons of energy. It's not a case of a screwed-up race plan, this is a case of one guy in the whole world being better than me. And I can live with that."

"Seven billion people, one guy's better. It's OK."

The two Canadians won their medals in vastly different fashions.

Van Koeverden rocketed out of the start and held the lead until Larsen ran him down as the finish approached.

Oldershaw was a full second out of fourth place with 250 metres remaining but powered his way onto the podium. The 29-year-old from Burlington, Ont., may have got silver had it not been for fast-charging David Cal Figueroa of Spain. Germany's Sebastian Brendel won gold.

THE CANADIAN PRESS

#### Quoted

"This is one of the bronze medals that means almost as much as a gold."

Scott Oldershaw on his son Mark's medal. Grandfather Bert Oldershaw finished fifth at the 1948 Games in London and went on to compete at two more Games. Scott competed in Los Angeles in 1984, while uncle Dean (Munich, 1972) and Reed (Montreal, 1976) were also Olympians.

## Thursday's 3 to watch



#### Women's soccer

Abby Wambach and the United States face Japan in the gold medal match at Wembley Stadium in front of possibly the largest crowd ever to watch women play soccer at the Olympics. The Americans

have been dreaming of this rematch since losing to Japan at the 2011 World Cup final in Germany.

Time: 3:45 p.m.  
Channel: TSN



#### Men's BMX

Tory Nyhaug of Coquitlam, B.C., finished 20th in the men's seeding run with a time of 39.515 seconds on Wednesday. He'll look to improve in the quarter-finals and finish strong in BMX's first-ever appearance at the Olympics.

Time: 11 a.m.  
Channel: Sportsnet





## Warner thrives through five in decathlon

London, Ont., native Damian Warner competes in the long jump event in the men's decathlon at Olympic Stadium in London on Wednesday. Warner's 4,386 points were good enough for third place after five events. American Ashton Eaton sat in first after Day 1 with 9,039 points, a 220-point advantage over countryman Trey Hardee, who sits second. **MATT DUNHAM/THE ASSOCIATED PRESS**

## Track and field. Usain Bolt strikes for easy win in 200-metre semifinal heat

Usain Bolt is one victory away from becoming the first man to repeat as double Olympic sprint champion and reaching his ambition of becoming a "living legend" after he qualified for the 200 metre-final.

On a balmy, clear Wednesday night, Bolt joked as he got into the blocks, laughed when he crouched into the blocks and then sped away for a controlled race, which he finished by almost jogging across the line. His win exuded as much confidence as his victory in the 100 on Sunday.

This time, too, everything is set for a direct duel with his training partner Yohan Blake, the silver medallist in



Usain Bolt runs in the semifinals of the men's 200 metres Wednesday. **CLIVE BRUNSKILL/GETTY IMAGES**

the 100.

The 100 should have been the tough part for Bolt where

his starting jitters have been an issue. The 200 is his preferred distance and it showed. He made a military-style salute when he was announced to the crowd, reggae music blaring in the background. After his race, he applauded another capacity crowd of 80,000 at the Olympic Stadium.

Blake had the fastest time with 20.01 seconds, compared with 20.18 for Bolt.

"It's the 200 metres and we are both full speed tomorrow," Blake said. "Anything can happen."

After Thursday's 200 final, Bolt still has the weekend re-lays coming up.

**THE ASSOCIATED PRESS**

### Volleyball

## Defending champs spiked out of London by Italy

The defending Olympic champion U.S. men's volleyball team was eliminated from the London Games with a straight-set quarter-final loss to Italy on Wednesday.

The fifth-ranked United

States struggled to defend Italian captain Cristian Savani, who had 19 points in the 28-26, 25-20, 25-20 victory for the sixth-ranked Italians.

U.S. setter Donald Suxho bent over with his hands on his knees and shook his head as Italy celebrated the win at Earls Court. And after congratulating the Italians, the Americans turned to applaud the many U.S. fans in

the crowd.

The United States won the gold medal in Beijing, upsetting favourite Brazil 3-1. It was their third gold in men's volleyball, which became an Olympic sport in 1964. Russia is the only other nation with three golds.

Italy has never won the Olympic gold, but the team has won silver twice, most recently at the 2004 Athens Games. **THE ASSOCIATED PRESS**

### Day 12 results

## MEDAL STANDINGS

216 of 302 total medal events

Nation	G	S	B	Tot
United States	34	22	25	81
China	36	22	19	77
Russia	11	19	22	52
Britain	22	13	13	48
Germany	7	15	10	32
Japan	4	13	14	31
France	8	9	11	28
Australia	5	12	9	26
South Korea	12	7	6	25
Italy	7	6	4	17
Netherlands	5	4	6	15
Canada	1	4	9	14
Hungary	6	2	3	11
New Zealand	3	2	5	10
Belarus	2	1	7	10
Ukraine	3	0	6	9
Spain	2	6	1	9
Romania	2	5	2	9
Denmark	2	4	3	9
Kazakhstan	6	0	2	8
Iran	4	3	1	8
Poland	2	1	5	8
Cuba	3	3	1	7
Sweden	1	3	3	7
Jamaica	2	2	2	6
Czech Republic	1	3	2	6
North Korea	4	0	1	5
Kenya	1	2	2	5
Colombia	0	3	2	5
Mexico	0	3	2	5
South Africa	3	1	0	4
Croatia	2	1	1	4
Ethiopia	2	0	2	4
Slovenia	1	1	2	4
Azerbaijan	0	2	2	4
India	0	1	3	4
Slovakia	0	1	3	4
Switzerland	2	1	0	3
Georgia	1	1	1	3
Norway	1	1	1	3
Armenia	0	1	2	3
Belgium	0	3	2	3
Mongolia	0	1	2	3

## WHAT CANADA DID

Wednesday at the 2012 London Olympics

### ATHLETICS

**Men's 200m** — Semifinals — Jared Connaughton, Charlottetown, P.E.I., finished seventh in heat one and failed to qualify with a time of 20.64. Aaron Brown, Toronto, finished fourth in heat two and failed to qualify with a time of 20.42.

**Men's 5000m** — First Round Qualifying — Cameron Levins, Black Creek, B.C., finished in eighth in heat two and qualified with a time of

1:51:18.29.

**Men's Javelin** — Qualifying — Curtis Moss, New Westminster, B.C., finished 13th and failed to qualify with a distance of 78.22.

**Women's 800m** — First Round Qualifying — Jessica Smith, North Vancouver, B.C., finished second in heat three and qualified with a time of 2:07.75. Melissa Bishop, Eganville, Ont., finished sixth in heat five and failed to qualify with a time of 2:09.33.

**Women's 1500m** — Semifinals — Hilary Stellingwerff, London, Ont., finished sixth in heat one and failed to qualify with a time of 4:05.57. Nicole Sifuentes, Winnipeg, finished 11th in heat two and failed to qualify with a time of 4:06.33.

**Women's Hammer Throw** — Qualifying — Sultana Frizell, Perth, Ont., finished 14th in group one with a distance of 67.45 and failed to qualify. Heather Steacy, Lethbridge, Alta., finished 17th with a distance of 63.40 and failed to qualify in group two.

### DECATHLON

**Men's 100m** — Damian Warner, London, Ont., finished in third with a time of 10.48 in heat three.

**400m** — Warner finished third in heat four with a time of 48.20.

**Long jump** — Warner won group two with a distance of 7.54.

**Shot Put** — Warner finished 10th with a distance of 13.73.

**High Jump** — Warner won group two with a height of 2.05.

**Cumulative Ranking** — Warner sits in third place heading into the second day of competition with 4386 points.

### CANOE-KAYAK

**Men's Kayak Singles 1000m** — A Final — Adam van Koeverden, Oakville, Ont., won a silver medal with a time of 3:27.170.

**Men's Canoe Singles 1000m** — A Final — Mark Oldershaw, Burlington, Ont., won a bronze medal with a time of 3:48.502.

**Men's Kayak Doubles 1000m** — B Final — Ryan Cochrane, Windsor, N.S., and Hugues Fournel, Lachine, Que., finished fourth with a time of 3:18.550.

### CYCLING

**Men's BMX** — Tory Nyhaug, Coquitlam, B.C., is 20th heat one's seeding run. Nyhaug finished with a score of 39.515.

### DIVING

**Women's 10m Platform** — Preliminary — Meaghan Benfeito, Montreal, finished 10th and qualified with a score of 325.50. Roseline Filion, Laval, Que., finished 17th and qualified

with a score of 314.85.

### EQUESTRIAN

**Individual Jumping** — Ian Millar, Perth, Ont., and his horse Star Power finished in a tie for ninth (11, 4; 7, 4), 8.

### SAILING

**49er** — Hunter Lowden, West Vancouver, B.C., and Gordon Cook, Toronto, finished in 17th (162).

### WRESTLING

**Women's Freestyle** — 48Kg — Carol Huynh, Calgary, defeated Isabelle Sambou, Senegal, 1-0, 3-0, Points to win a bronze medal.

**Women's Freestyle** — 63Kg — Martine Dugrenier, Laval, Que., lost to Battsetseg Soronzonbold, Mongolia, 2-0, 1-0, Points in the bronze medal match.

## SOCCER

### WOMEN

#### BRONZE MEDAL MATCH

Thursday, Aug. 9

At Coventry, England

France vs. Canada, 8 a.m.

#### GOLD MEDAL MATCH

Thursday, Aug. 9

At Wembley, England

Japan vs. United States, 2:45 p.m.

### MEN

#### BRONZE MEDAL MATCH

Friday, Aug. 10

At Cardiff, Wales

Japan vs. South Korea, 2:45 p.m.

#### GOLD MEDAL MATCH

Saturday, Aug. 11

At Wembley, England

Mexico vs. Brazil, 10 a.m.

## BASKETBALL

### MEN

#### QUARTERFINALS

Wednesday, Aug. 8

Russia 83, Lithuania 74

Spain 66, France 59

Argentina 82, Brazil 77

United States 119, Australia 86

#### SEMIFINALS

Friday, Aug. 10

Russia vs. Spain, Noon

Argentina vs. United States, 4 p.m.

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### Miscellaneous

### Miscellaneous

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### Houses For Sale

### Houses For Sale

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## Apartments Unfurnished

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**65 & 81 Primrose**  
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2 BR \$720

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& 1-10 Crystal**  
1BR \$587  
2 BR \$711  
3 BR \$745

**15, 25 & 35 Leaman**  
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**87 Pinecrest Dr  
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11 Joseph Young Dr.**  
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### Miscellaneous

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\$1500 for both  
Call (902)865-4797

Sony VCR with remote \$15  
2 table lamps, pole lamp, drapes \$40 (lot)  
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WANTED: sun shade canopy  
10 by 20 or 12 by 20 <Costco Type>  
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Upright piano with bench. Good condition.  
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## Horoscopes

### Aries

**March 21 - April 20**

Make life easy for yourself today. Go with the flow and make the most of opportunities as and when they arrive. If you can do that then everything will be all right with your world.

### Taurus

**April 21 - May 21**

Today's cosmic alignment warns that if you have any doubts about what you are being asked to get involved with, it might be best to opt out. Your colleagues may not be happy but it's your happiness that counts.

### Gemini

**May 22 - June 21**

No matter how confident you may be of your own abilities, a lot still depends on other people, so don't take anything for granted. Make sure you can tell the difference between a calculated risk and a foolish one.

### Cancer

**June 22 - July 23**

You can sense changes are good for you and, as usual, your instincts are spot on. The reader you are to embrace the future, the quicker you will arrive at a place where your future is secure.

### Leo

**July 24 - Aug. 23**

A few words of encouragement from you could be all it takes to change a friend's day from a bad one into a great one. Maybe you don't realize it but your positive take on life is infectious — in a very good way.

### Virgo

**Aug. 24 - Sept. 23**

People know you can be a bit controversial at times but what you say today will antagonize a lot of people. Good. They need to be told that life is what it is, not what they wish it might be.

### Libra

**Sept. 24 - Oct. 23**

It's not true that every Libra is indecisive and you will go out of your way to prove it today. Something needs dealing with, something that you are best positioned to handle. Seize the initiative.

### Scorpio

**Oct. 24 - Nov. 22**

Just because some of the people you live and work with see things differently to you does not mean they are stupid — although it does not mean they are not either! Treat them and their opinions with respect today.

### Sagittarius

**Nov. 23 - Dec. 21**

Yes, you must stand up for your rights, but you also need to find ways to get along with other people, especially on the work front where no one will make progress unless you all progress together. Let them know that.

### Capricorn

**Dec. 22 - Jan. 20**

The planets indicate that the challenges you face over the next 24 hours are the final hurdles in your quest to do something important, so don't give up now. You are so close to the breakthrough you have been dreaming of.

### Aquarius

**Jan. 21 - Feb. 19**

People in positions of power have been watching you closely and like what they see, so expect an offer of some kind to come your way over the next few days. Take it before one of your rivals does.

### Pisces

**Feb. 20 - March 20**

It does not matter how hard the task you are about to undertake happens to be, you will make a resounding success of it.

SALLY BROMPTON

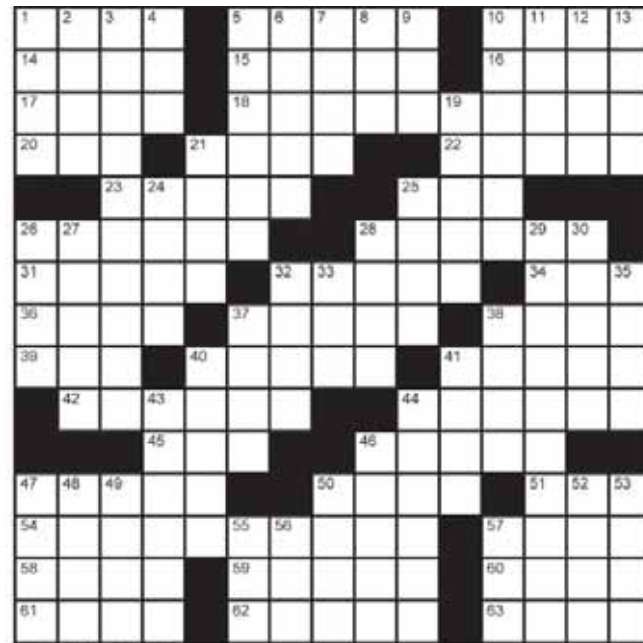
## Crossword: Canadiana

### Across

- Where to find Memphis: abbr.
- BC neighbor to the south
- Alder or aspen
- Persia, now
- Grass cutter
- Beneficiary of a will
- Underground digging workplace
- 55-Down animals (2 wds.)
- Beaufort \_\_\_\_: body of water north of 55-Down
- Easter entrees
- Empty, as an apartment
- Celebrities
- BMO competitor
- BC-born *Baywatch* babe Anderson
- Edmonton team
- By oneself
- Hat-trick number
- Fall mo.
- High tennis shots
- Clothing tag
- "As \_\_\_\_ as the driven snow"
- Grease* band \_\_\_\_ Na Na
- Flies alone
- Bread bun that's boiled and baked
- Circle in Canada's north
- \_\_\_\_ McAdams: London, Ontario-born *Wedding Crashers* star
- Certain batteries
- Apple centre remover
- Call off, in NASA-speak
- Box office disaster
- Exchanged vow (2

### Down

- Canada's quintessential coffee and donut place, familiarly
- A Great Lake
- Canadian ice cream cookie treat (2 wds.)
- SSW opposite
- African antelope or Chevrolet
- Unhappy ends
- Belt-hole makers
- "Isn't \_\_\_\_ bit like you and me?": Beatles (2 wds.)
- Canadian-born hockey great Bobby
- From that point on
- Actual
- Ireland
- Formerly
- BC-born pop singer Michael
- Excavation
- Animal lairs
- Manitoba's Louis \_\_\_\_
- Buddies
- Hawaiian greeting
- They come from
- Across



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- Saskatchewan team member
- Mountainside debris
- After-bath powder
- The Sopranos* home
- Snitch
- \_\_\_\_ Maxwell: Kitchen-born Miss Money Penny player in many Bond movies
- Footstep

- Aver
- Cutting remark
- Newmarket, Ontario-born star Jim of *The Mask*
- US presidential candidate Mitt
- Canada's East or West \_\_\_\_
- \_\_\_\_ Romeo: Italian sportscar
- Lambs' laments

- "That hurt!"
- Book jacket blurbs, essentially, in short
- Broad lowland
- Rubber-stamp
- 42-Across site: abbr.
- Article that often comes before 57-Down
- Official Parliament opposition

## Yesterday's crossword



## What's online

See today's answers at [metronews.ca/answers](http://metronews.ca/answers).

## Sudoku

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

## Yesterday's Sudoku

7	4	5	8	6	2	9	1	3
8	1	2	3	9	7	6	4	5
9	6	3	1	4	5	2	8	7
5	9	1	4	8	3	7	6	2
4	3	7	5	2	8	1	9	6
6	2	8	9	7	1	3	5	4
3	5	9	7	1	4	8	2	6
2	8	4	6	3	9	5	7	1
1	7	9	2	5	8	4	3	6

			4			7		
3	9						4	
		8			6		2	
	3	4	7	5			1	
1								9
	5			2	4	3	8	
	7		5			9		
	6						3	8
		9			1			

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**Friday**

25°/17°  
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